



95th Annual Dakota Relays

May 1 & 2, 2020

Friday

Field Events

9:00	U-C Men Hammer Throw
11:00	U-C Women Hammer Throw
noon	U-C Men Long Jump (Pit 1)
noon	U-C Women Long Jump (Pit 2)
1:00	U-C Men Discus
2:00	U-C Women Pole Vault
3:00	U-C Women High Jump
3:00	U-C Women Discus
3:30	H.S. Girls Triple Jump (Pits 1 & 2)
3:30	H.S. Boys Shot Put
5:00	U-C Men Pole Vault
5:00	U-C Men High Jump
5:00	U-C Men Javelin
6:00	H.S. Boys Triple Jump (Pits 1 & 2)
6:00	H.S. Girls Shot Put
6:30	U-C Women Javelin



Running Events

2:00	H.S. Girls 100 Meter Hurdles – Prelims
2:20	H.S. Boys 110 Meter Hurdles – Prelims
2:40	U-C Women 4 x 100 Meter Relay
2:45	U-C Men 4 x 100 Meter Relay
2:50	H.S. Girls 100 Meter Dash – Prelims
3:05	H.S. Boys 100 Meter Dash – Prelims
3:20	H.S. Girls Class B 4 x 800 Meter Relay
3:45	H.S. Girls Class A 4 x 800 Meter Relay
4:10	H.S. Girls Class AA 4 x 800 Meter Relay
4:20	U-C Women 400 Meter Dash
4:30	U-C Men 400 Meter Dash
4:40	8th Grade Girls 4 x 100 Meter Relay
4:45	8th Grade Boys 4 x 100 Meter Relay
4:50	H.S. Girls 400 Meter Dash – Prelims
5:00	H.S. Boys 400 Meter Dash – Prelims
5:15	H.S. Girls 100 Meter Hurdles – Semis
5:25	H.S. Boys 110 Meter Hurdles – Semis
5:35	H.S. Girls 100 Meter Dash – Semis
5:40	H.S. Boys 100 Meter Dash – Semis
5:45	H.S. Boys Class B 4 x 800 Meter Relay
6:05	H.S. Boys Class A 4 x 800 Meter Relay
6:25	H.S. Boys Class AA 4 x 800 Meter Relay
6:35	U-C Men 3000 Meter Steeplechase
6:50	U-C Women 3000 Meter Steeplechase
7:10	U-C Women 200 Meter Dash – Finals
7:20	U-C Men 200 Meter Dash – Finals
7:30	H.S. Boys Special Event – 800 Meter Run
7:40	H.S. Girls Special Event – 200 Meter Dash
7:50	U-C Women 800 Meter Run
8:00	U-C Men 800 Meter Run
8:10	H.S. Girls 3200 Meter Run
8:40	H.S. Boys 3200 Meter Run
9:05	U-C Women 5000 Meter Run
9:30	U-C Men 5000 Meter Run



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Saturday

Field Events

9:00	H.S. Girls Discus
9:00	H.S. Boys Pole Vault
9:00	H.S. Girls High Jump
9:00	U-C Men Triple Jump (Pit 1)
9:00	U-C Women Triple Jump (Pit 2)
10:00	U-C Women Shot Put
11:30	H. S. Boys Discus
11:30	H.S. Girls Long Jump (Pits 1 & 2)
noon	U-C Men Shot Put
noon	H.S. Boys High Jump
1:30	H.S. Girls Pole Vault
2:00	H.S. Boys Long Jump (Pits 1 & 2)
2:00	H.S. Girls Javelin
3:30	H.S. Boys Javelin

Running Events

9:00	H.S. Girls Class B Sprint Medley
9:20	H.S. Girls Class A Sprint Medley
9:40	H.S. Girls Class AA Sprint Medley
10:00	U-C Women 100 Meter Hurdles – Finals
10:10	U-C Men 110 Meter Hurdles – Finals
10:20	U-C Women 100 Meter Dash – Finals
10:30	U-C Men 100 Meter Dash – Finals
10:40	H.S. Boys Class B Sprint Medley Relay
11:00	H.S. Boys Class A Sprint Medley Relay
11:20	H.S. Boys Class AA Sprint Medley Relay
11:35	H.S. Girls Class B 4 x 200 Meter Relay
11:45	H.S. Girls Class A 4 x 200 Meter Relay
11:55	H.S. Girls Class AA 4 x 200 Meter Relay
12:05	U-C Women 1500 Meter Run
12:20	U-C Men 1500 Meter Run
12:35	H.S. Boys Class B 4 x 200 Meter Relay
12:45	H.S. Boys Class A 4 x 200 Meter Relay
12:55	H.S. Boys Class AA 4 x 200 Meter Relay
1:05	H.S. Girls 1600 Meter Run
1:20	H.S. Boys 1600 Meter Run
1:35	Honorary Referee Recognition
1:40	Hall of Fame Recognition
1:50	Scholarship Awards Presentation
1:55	U-C Men 400 Meter Hurdles – Finals
2:05	U-C Women 400 Meter Hurdles – Finals
2:15	H.S. Girls 300 Meter Hurdles – Finals
2:35	H.S. Boys 300 Meter Hurdles – Finals
2:55	Board of Directors Volunteer Recognition Awards & Years of Service
3:05	H.S. Girls Class B 4 x 100 Meter Relay
3:15	H.S. Girls Class A 4 x 100 Meter Relay
3:25	H.S. Girls Class AA 4 x 100 Meter Relay
3:35	H.S. Boys Class B 4 x 100 Meter Relay
3:45	H.S. Boys Class A 4 x 100 Meter Relay
3:55	H.S. Boys Class AA 4 x 100 Meter Relay
4:05	U-C Women 4 x 400 Meter Relay
4:10	U-C Men 4 x 400 Meter Relay
4:15	H.S. Girls 400 Meter Dash – Finals
4:20	H.S. Boys 400 Meter Dash – Finals
4:25	H.S. Girls 100 Meter Hurdles – Finals
4:30	H.S. Boys 110 Meter Hurdles – Finals
4:35	H.S. Girls 100 Meter Dash – Finals
4:40	H.S. Boys 100 Meter Dash – Finals
4:45	Special Olympics Girls 100 Meter Dash – Finals
4:50	Special Olympics Boys 100 Meter Dash – Finals
4:55	H.S. Girls Class B 4 x 400 Meter Relay
5:10	H.S. Girls Class A 4 x 400 Meter Relay
5:25	H.S. Girls Class AA 4 x 400 Meter Relay
5:40	H.S. Boys Class B 4 x 400 Meter Relay
5:55	H.S. Boys Class A 4 x 400 Meter Relay
6:10	H.S. Boys Class AA 4 x 400 Meter Relay