



**MAY 3 and 4, 2019**

201 East 38<sup>th</sup> Street  
Sioux Falls, SD 57105-5898

Phone (605) 367-7959  
Fax (605) 367-7906

The 94<sup>th</sup> Annual Howard Wood Dakota Relays will be held on Friday, May 3 and Saturday, May 4, 2019. We are very excited about the opportunity to host you and your student-athletes. Included in this letter you will find pertinent information to help you prepare for the 2019 Howard Wood Dakota Relays.

### **SPECIAL EVENTS**

The High School Special Events planned for the 2019 Dakota Relays are:

HS Girls 800 Meter Run  
HS Boys 200 Meter Dash

If you have an athlete you feel qualifies for the special events, please contact Terry Prendergast:

Terry Prendergast  
PO Box 1030  
Sioux Falls, SD 57101-1030  
Phone: (605) 357-1229  
Fax: (605) 335-3639  
[tprendergast@dehs.com](mailto:tprendergast@dehs.com)

### **CLASSIFICATIONS**

High School classifications will be determined using the current sports classification formula provided by the South Dakota High School Activities Association. This classification formula will be used to determine what class your high school will be competing in. This classification is based upon the Average Daily Membership (ADM) for grades 9-11.

AA	450.000 and above
A	90.000 to 449.999
B	89.999 and below

### **EVENT LIMITATIONS**

AA	3 Contestants per event
A	2 Contestants per event
B	1 Contestant per event

Event limit exemption may apply, please see website for criteria and the exemption form. No changes or substitutions will be made the day(s) of the meet. Only scratches will be allowed.

## FIELD EVENTS

Field events will be an open division and limited to the following top performances:

Top 40 Performances	=	Shot Put · Discus · Long Jump · Triple Jump
Top 30 Performances	=	Pole Vault · High Jump · Javelin

NO changes or substitutions will be made after 1:00 pm on Thursday, May 2, 2019. Only scratches will be allowed. Report Scratches to Head Event Judge of the respective event.

## INDIVIDUAL RUNNING EVENTS

Running Events will be an open division. NO changes or substitutions will be made after 1:00 pm on Thursday, May 2, 2019. Only scratches will be allowed. Report Scratches to Clerk of Course.

## RELAYS

High Schools will be allowed to enter one team, per school, per event, according to the classification information provided. When entering relay teams, remember that all contestants, even if they are only running in a relay, must be entered in order to get a competitor number.

## ENTRY FEE

AA Boys	\$100	AA Girls	\$100
A Boys	\$ 75	A Girls	\$ 75
B Boys	\$ 50	B Girls	\$ 50

Entry fees may be paid online via Athletic.net on/or before the entry deadline. If you must pay via check, please mail entry fee to Meet Director:

Casey Meile  
Meet Director  
Howard Wood Dakota Relays  
201 East 38<sup>th</sup> Street  
Sioux Falls, SD 57105

Please mail check prior to **Wednesday, April 24, 2019** to ensure it arrives prior to meet.

## MEET INFORMATION

- The Howard Wood Dakota Relays is sanctioned by the National Federation of State High School Associations and the South Dakota High School Activities Association.
- Only 3/16" (or shorter) pyramid spikes will be permitted.
- Discus, Shot Put and Hammer competitions will be thrown on concrete surfaces.
- The javelin competition will be contested on a Mondo runway in the northwest corner of the stadium.
- Each school will have a team packet available for pickup at the contestants' gate, located directly under the press box.
- All contestants must wear their assigned numbers on the front of their jerseys. Coaches must enter all athletes in order for all contestants to be assigned a competitor number.

## **RESULTS**

Live results at [results.dakotatiming.com](http://results.dakotatiming.com)

## **REGISTRATION PROCEDURE**

Beginning in 2019 the Howard Wood Dakota Relays will utilize Athletic.net for all our high school entries. Registration will open at **8:00 AM** on **Monday, April 1, 2019** and close at **9:00 AM** on **Tuesday, April 30, 2019**. Please take time to create an account and get familiar with the “How to” videos on Athletic.net below:

[Create Coach Account on Athletic.net \(Click Here\)](#)

[Invite a Coach to Join a Team Account \(Click Here\)](#)

[Uploading a Roster \(Click Here\)](#)

[Add a Meet to the Calendar \(Click Here\)](#)

[Pay Entry Fee \(Click Here\)](#)

[Register Athletes for a Meet \(Click Here\)](#)

## **MEET ENTRIES**

When submitting a mark, relay or open event, the mark submitted is subject to verification.

## **KEY DATES AND TIMES**

**Monday, April 1, 2019**

**Wednesday, April 24, 2019**

**Tuesday, April 30, 2019**

**Wednesday, May 1, 2019**

**Thursday, May 2, 2019**

Online Registration Opens at **8:00 AM** (Athletic.net)

Pay Entry Fee on or before this date

Online Registration Closes at **9:00 AM**

Running Events Standby List will be available (dakotarelays.com)

All scratches due to [linda.hengeveld@k12.sd.us](mailto:linda.hengeveld@k12.sd.us) by 1:00 PM.

*All Times Listed are Central Standard Time*

## **CHECK IN**

**Track Athletes** – check in 45 minutes prior to the start of your event at the clerk station on the west side of the fieldhouse.

**Field Event Athletes** – check in one hour prior to the start of your event/flight at the event site.

## **IMPLEMENT CERTIFICATION**

Located on the west side of the field house. All implements for the shot put, discus, hammer throw and javelin will be checked-in at the event site one hour prior to the event’s start time. Please do not bring implements to the inspection table before check-in.

## **POLE VAULT WEIGHT CERTIFICATION**

It is preferred that athletes weigh-in with local administration. Weight Certification on site will be provided at the west side of the field house. All athletes must weigh-in prior to the start of their event. **Please send your weight certification forms to [casey.meile@k12.sd.us](mailto:casey.meile@k12.sd.us).**

## **IMPLEMENT WEIGH-IN TIMES**

HS Boys Shot Put	2:30 to 3:30 pm	Friday, May 3
HS Girls Shot Put	5:00 to 6:00 pm	Friday, May 3
HS Girls Discus	8:00 to 9:00 am	Saturday, May 4
HS Boys Discus	10:30 to 11:30 am	Saturday, May 4
HS Girls Javelin	1:00 to 2:00 pm	Saturday, May 4
HS Boys Javelin	2:30 to 3:30 pm	Saturday, May 4

## **POLE VAULT INSPECTION / WEIGH-IN**

HS Boys	7:30 to 9:00 am	Saturday, May 4
HS Girls	NOON to 1:30 pm	Saturday, May 4

## **HEAD COACHES MEETING**

As per national and state high school association requirements, there will be a mandatory head coach meeting for all high school head track coaches:

Friday, May 3, 2019	1:30 PM
Saturday, May 4, 2019	8:30 AM

Meet Referee Tim Casper and Assistant Meet Referee Bob Lowery will conduct the meetings. High school head track coaches are only required to attend ONE of the two meetings. Meetings will take place in bleachers opposite the Press Box.

## **FUTURE DATES**

May 1-2, 2020  
April 30-May 1, 2021  
May 6-7, 2022

## **TICKET INFORMATION**

**Adult** tickets purchased at the gate cover admission to both sessions – cost is \$15.  
For single session tickets, cost is \$10.

**Student** tickets purchased at the gate cover admission to one or both sessions. Cost is \$10.  
For single session tickets, cost is \$5.

## SPECIAL NOTES

- We want to give everyone time to budget the following changes in Entry Fees for the 2020 Dakota Relays. Beginning in 2020 Entry Fees will be moved to the following:

AA Boys	\$150	AA Girls	\$150
A Boys	\$100	A Girls	\$100
B Boys	\$ 50	B Girls	\$ 50
UC Men	\$200	UC Women	\$200

- In 2020 the Howard Wood Dakota Relays Board of Directors would like to move to verifying times and distances. When submitting a mark, relay or open event, the mark submitted is subject to verification. Coaches cannot enter a mark based on a "projected" time or mark. Relays teams must have run the time submitted sometime prior to the meet. Entry marks must be able to be verified by meet management. Marks submitted will need to be marks from the 2020 season.

**Misconduct:** Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring at the locale of the competition or warm-up, that discredits the event. Misconduct includes the intentional reporting of false marks for entry purposes. Acts of misconduct are subject to reprimand or ejection by the referee or meet management.

## CONTACT INFORMATION

Please contact Linda Hengeveld or Casey Meile if you have any questions.

Linda Hengeveld  
[linda.hengeveld@k12.sd.us](mailto:linda.hengeveld@k12.sd.us)

Casey Meile  
[casey.meile@k12.sd.us](mailto:casey.meile@k12.sd.us)