



94th ANNUAL

Howard Wood Dakota Relays

Sioux Falls, South Dakota

Friday-Saturday, May 3-4, 2019

RECORDS – High School Relays

Boys-Class AA enrollment of 450.0 & above grades 9, 10, 11

400 Meter Relay, SC West, 2011 (Anderson, Burton, Hollis, Pearson)	42.34
800 Meter Relay, SC West, 2011 (Anderson, Pearson, Triplett, Hollis)	1:28.22
1600 Meter Relay, Watertown, 2011 (Gilbertson, Schull, Winkels, Bernard)	3:19.27
1600 Meter Sprint Medley Relay, SF Lincoln, 1973 (Larson, Elliott, Tyler, Reinhart)	3:27.44
3200 Meter Relay, Bismarck, ND, 2010 (Degree, Miller, Hintz, Barnes)	7:46.08

Boys-Class A enrollment of 90.0 to 449.999 grades 9, 10, 11

400 Meter Relay, St. Thomas More, 2016 (Freidel, Aanderud, Keegan, Thurness)	42.97
800 Meter Relay, SF Christian, 2018 (Adams, DeHaai, Oostra, Nelson)	1:29.87
1600 Meter Relay, Alta, IA, 1988 (Leitz, Turnquist, Nelson, Kueny)	3:24.34
1600 Meter Sprint Medley Relay, St. Thomas More, 2018 (Hyde, Bohnenkamp, Rafferty, Trainor)	3:32.25
3200 Meter Relay, SF Christian, 2017 (Hitt, Watley, VanZee, DeWeerd).....	8:00.76

Boys-Class B enrollment of 89.999 & below grades 9, 10, 11

400 Meter Relay, Chester, 2017 (Ewoldt, Larson, Eppard, Greenhoff)	44.68
800 Meter Relay, Chester Area, 2017 (Ewoldt, Larson, Baumberger, Greenoff)	1:33.21
1600 Meter Relay, Colman-Egan, 2017 (Olivier, B Groos, K Groos, Kriech)	3:29.06
1600 Meter Sprint Medley Relay Armour	3:32.84
1978-(Glanzer, Freidel, J Tiefenthaler, D Tiefenthaler) 1980-(DeSpiegler, Glanzer, J Tiefenthaler, D Tiefenthaler)	
3200 Meter Relay, Armour, 1979 (Glanzer, Freidel, Bindert, D Tiefenthaler)	8:03.44

Boys High School Individual Events

100 Meter Dash-Brown, Eden Prairie, MN, 2017	10.53
200 Meter Dash-Brown, Eden Prairie, MN, 2017	21.36
400 Meter Dash-Jochim, Century-Bismarck, ND, 2014.....	47.78
800 Meter Run-Muntefering, Parkston, 2009	1:52.46
110 Meter Hurdles-Hill, Tea Area, 2011	14.24
300 Meter Hurdles-Greenway, Mitchell, 2011	37.89
1600 Meter Run-Reinhart, SF Lincoln, 1973.....	4:09.74
3200 Meter Run-Kleckler, Hopkins, MN, 2015.....	8:50.12
HIGH JUMP-Benson, RC Stevens, 1988.....	7'2"
LONG JUMP-Bakke, SF Washington, 1976.....	23'8 1/4"
TRIPLE JUMP-Allen, Bismarck, ND, 2018.....	48'1 3/4"
POLE VAULT-Larson, Fargo South, ND 2011	16'0"
Wurtz, RC Stevens, 1993 (Indoors)	15'5"
SHOT PUT-McKelvey, Beresford, 2011	69'3"
DISCUS-Snyder, Andes Central, 2010	191'6"

RECORDS – High School Relays

Girls-Class AA enrollment of 450.0 & above grades 9, 10, 11

400 Meter Relay, Fargo Davies, 2017 (Beil, Rose Gaye, Jahner, Roseline Gaye)	48.33
800 Meter Relay, Fargo Davies, ND, 2018 (Roseline Gaye, Korgho, Jahner, Rose Gaye)	1:40.64
1600 Meter Relay, Brandon Valley, 2017 (Hendrick, Waterfall, Tingle, Bickley)	3:52.95
1600 Meter Sprint Medley, SC East, 2009 (McCarthy, Mikulicz, Dougherty, Houlihan).....	4:02.27
3200 Meter Relay, SF Roosevelt, 2005 (Thune, Duba, K Eckert, A Eckert)	9:08.61

Girls-Class A enrollment of 90.0 to 449.999 grades 9, 10, 11

400 Meter Relay, St. Thomas More, 2015 (Kirsch, D Carlson, White, B Carlson)	49.70
800 Meter Relay, SF Christian, 2014 (Koth, Oostra, Stern, Velgersdyk)	1:45.43
1600 Meter Relay, Madison, 2017 (Jen Giles, Streff, Jess Giles, Rud)	4:01.05
1600 Meter Sprint Medley, St. Thomas More, 2018 (Kirsch, Carlson, Blote, Cooper).....	4:11.52
3200 Meter Relay, Custer, 2016 (Delmont, Parys, Sedlacek, Glazier).....	9:38.46

Girls-Class B enrollment of 89.999 & below grades 9, 10, 11

400 Meter Relay, Ipswich, 2015 (Maurer, M Heinz, T Heinz, A Heinz)	50.49
800 Meter Relay, Parker, 2017 (Prehein, Jurgens, Even, Peters)	1:47.61
1600 Meter Relay, Burke, 1978 (Smizer, Bailey, Ulmer, Heyden)	4:03.94
1600 Meter Sprint Medley, Burke, 1978 (Bailey, Ulmer, Heyden, Tolstedt)	4:14.44
3200 Meter Relay, Deubrook, 2018 (DeBeer, Vandermeer, Bauman, Olsen)	10:00.13

Girls High School Individual Events

100 Meter Dash-Caldwell, Chanhassen, MN, 2016	11.71
200 Meter Dash-Caldwell, Chanhassen, MN, 2016	23.59
400 Meter Dash-Milbrath, Minot Magic City, ND, 2011	53.98
800 Meter Run-Roesler, Fargo South, ND, 2010	2:05.76
100 Meter Hurdles-Sorenson, SF Lincoln, 2009	14.43
300 Meter Hurdles-Vollmer, RC Central, 1993.....	43.59
1600 Meter Run-Kavan, Yankton, 2005	4:55.09
3200 Meter Run-Eckert, A, SF Roosevelt, 2006	10:19.74
HIGH JUMP-Ostarello, Stanley County, 2009.....	5'9 3/4"
LONG JUMP-DeBoer, Hull Western Christian, 1978	18'11 3/4"
TRIPLE JUMP-Gannon, Brookings, 2014	39'8 1/4"
POLE VAULT-Brost, Watertown, 2008	12' 6"
SHOT PUT (4 Kilo)-Stevens, Ft. Collins, CO, 2003	48'9 3/4"
DISCUS-Phelps, Kingsley-Pierson/Woodbury Ctr, 2016.....	163'5"

All records have been converted to FAT times.

If the Finish Lynx fails during a race, hand-held times will be converted to FAT times to determine if a record has been broken. (Hand-held to nearest tenth plus .24 equals FAT).

Trophies – Relay winners receive permanent trophies.

Medals – First 8 places in individual and relay events for high school division and first place in U-C division.

For additional information, call or write: Mark Meile, Meet Director, 201 East 38th Street, Sioux Falls, SD 57105
Phone: 605-367-7959; web site: www.dakotarelays.com



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RECORDS – University & College

University & College Men

400 Meter Relay, Drake, 1987	40.51
(Spotser, Little, Kilstrom, Harris)	
800 Meter Relay, Drake, 1984	1:25.36
(Spotser, Okerman, Kilstrom, White)	
1600 Meter Relay, Augustana, 1995	3:10.26
(Gonye, Blumer, Skjelvaag, Dow)	
1600 Meter Sprint Medley Relay, USD, 1985	3:21.16
(Hoefling, Ennis, Clayborne, Martin)	
3200 Meter Relay, Drake, 1984	7:32.70
(O'Lonnon, Riley, Wood, Bryght)	

University & College Men Individual Events

100 Meter Dash-Burrell, NDSU, 2005	10.29
200 Meter Dash-Burrell, NDSU, 2005	20.97
400 Meter Dash-Gross, Augustana, 1984	46.28
800 Meter Run-Humphrey, U of Neb., 1985	1:47.95
110 Meter Hurdles-Ross, U of Neb., 1984	13.83
400 Meter Hurdles-Bryght, Drake, 1985	51.22
1500 Meter Run-Burdick, SDSU, 2017	3:45.69
3000-Meter Steeplechase-Karbo, Augustana, 2011	8:55.91
1-Mile Run-Lowery, SDSU, 2005	4:01.67
5000 Meter Run-DeHaven, SDSU, 1989	14:16.14
HIGH JUMP-Carter, Unattached, 2011	(7'4 1/4") 2.24 m
LONG JUMP-Maryott, USD, 1978	(25' 5") 7.75 m
DISCUS-Snyder, Unattached, 2014	(197'5") 60.17 m
SHOT PUT-Renner, NDSU, 2017	(63'1 1/2") 19.24 m
JAVELIN-Oukrop, NDSU, 2005	(217'3") 66.21 m
TRIPLE JUMP-Jasinski, SDSU, 2009	(51'3") 15.62 m
POLE VAULT-Nilsen, USD, 2018	(19'2 3/4 ") 5.86 m
HAMMER THROW-Krueger, Unattached, 2018	(239'0") 72.84 m

University & College Women Relays

400 Meter Relay, SDSU, 2016	45.79
(Lane, Black, McDonald, Carper)	
800 Meter Relay, USD, 2007	1:41.21
(Filler, Krell, Brueske, Muellenburg)	
1600 Meter Relay, NDSU, 2014	3:40.00
(Milbrath, Stratioti, Simon, Tingelstad)	
3200 Meter Relay, Drake, 1999	9:10.38
(Addington, Kincaid, Kincaid, Cesario)	
1600 Meter Sprint Medley, Drake, 1985	3:57.34
(Thomas, Griffin, Ross, Davis)	

University & College Women Individual Events

100 Meter Dash-Goodman, NDSU, 2014	11.36
200 Meter Dash-Goodman, NDSU, 2014	22.83
400 Meter Dash-Spenner, UNO, 2015	53.78
800 Meter Run-Erickson, Unattached, 2009	2:07.14
100 Meter Hurdles-Cannigan, USD, 2018	13.77
400 Meter Hurdles-Ali, U of Neb., 1984	59.06
1500 Meter Run-Falch, Augustana, 2011	4:27.09
3000 Meter Run-Falch, Augustana, 2011	9:37.84
5000 Meter Run-Eichkorn, USD, 2014	16:52.08
3000 Meter Steeplechase-Huglen, USD, 2018	10:31.57
HIGH JUMP-Volkers, Augustana, 1997	(6' 1/2") 1.84 m
LONG JUMP-Atwater, Drake, 1987	(19'6 1/4") 5.95 m
DISCUS-Sherman, Iowa State, 2003	(176' 5") 53.77 m
JAVELIN-Buyske, Augustana, 2005	(152' 5") 46.46 m
SHOT PUT-Wells, Unattached, 2016	(54'6 1/2") 16.62 m
TRIPLE JUMP-Black, SDSU, 2016	(42'10 3/4") 13.07 m
POLE VAULT-Grove, USD, 2017	(14'1 1/4") 4.30 m
HAMMER THROW-Baxter, Unattached, 2016	(211'3") 64.38 m

Special Olympics-Boys

100 Meter Dash-Estman, Sioux Falls, 2006	11.50
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Special Olympics-Girls

100 Meter Dash-Schivitz, SF Roosevelt, 1995	15.26
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Wheelchair Race

100 Meter Dash-Dylan Fischbach, Vermillion, 2011	19.97
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5000 Meter Racewalk (Open)

Men: Dunn, Carleton College, Northfield, MN, 1990	22:47.4
Women: Klappa, Hopkins, MN, 1990	26:24.0

1500 Meter Racewalk (Open)

Men: Wiggins, Hawarden, IA, 2010	7:27.16
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MIDDLE SCHOOL RECORDS

8 th Girls 400 Meter Relay, Whittier, 2016	53.63
(Gonzales, Ungang, Reck, Petterson)	

8 th Boys 400 Meter Relay, Whittier MS, 2015	47.34
(Freese, Haji, Shaw, Kpeayeh)	

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