

HOWARD WOOD FIELD STADIUM RECORDS

WOMEN

100 Meter Dash	Antoinette Goodman	NDSU	:11.36	2014
200 Meter Dash	Antoinette Goodman	NDSU	:22.83	2014
400 Meter Dash	Sami Spenner	U of Nebraska/Omaha	:53.78	2015
800 Meter Run	Laura Roesler	Fargo South High	2:05.76	2010
100 Meter Hurdles	Meredith Davis	Morningside College	:13.54	2002
300 Meter Hurdles	Anne Vollmer	R.C Central HS	:43.59	1993
400 Meter Hurdles	Nicole Ali	U of Nebraska/Lincoln	:59.06	1984
1500 Meter Run	Runa Falch	Augustana College	4:27.09	2011
1600 Meter Run	Ramsey Kavan	Yankton, SD HS	4:55.09	2005
3000 Meter Run	Runa Falch	Augustana College	9:37.84	2011
3200 Meter Run	Allison Eckert	SF Roosevelt, SD HS	10:19.74	2006
5000 Meter Run	Amber Eichkorn	U of South Dakota	16:28.16	2015
3000 Meter Steeple	Madeline Huglen	USD	10:31.57	2018
10000 Meter Run	Ramsey Kavan	U of South Dakota	35:37.59	2008
Long Jump	Kim Atwater	Drake University	(19'6¼") 5.95 m	1987
High Jump	Debby Volkers	Augustana College	(6½") 1.84 m	1997
Pole Vault	Emily Grove	USD	(14'1¼") 4.30 m	2017
Triple Jump	Jazzelena Black	SDSU	(42'10¾") 13.08 m	2016
Shot Put	Sara Wells	Unattached	(54'6½") 16.62 m	2016
H.S. Shot Put (4 kilo)	Sarah Stevens	Ft.Collins, CO HS	48'9¾"	2003
Discus	Susan Sherman	Iowa State	(176'5") 53.77 m	2003
H.S Discus	Kiana Phelps	Kingsley-Pierson/ Woodbury Central	163'5"	2016
Javelin	Jen Buyske	Augustana College	(152'5") 46.46 m	2005
Hammer Throw	Aubrey Baxter	Unattached	(211'3") 64.38 m	2016
400 Meter Relay	Lane, Black, McDonald, Carper	SDSU	:45.79	2016
800 Meter Relay	Filler, Krell, Brueske, Muellenberg	U of South Dakota	1:41.21	2007
1600 Meter Relay	Milbrath, Stratioti, Simon, Tinglestad	NDSU	3:40.0	2014
3200 Meter Relay	Thune, Duba K Eckert, A Eckert	SF Roosevelt	9:08.61	2005
Sprint Medley Relay	Thomas, Griffin, Ross, Davis	Drake University	3:57.34	1985

5/5/2018