

# HIGH SCHOOL BOYS FIELD EVENTS – 2011

Because of the number of entries in the high school field events the Dakota Relays Games Committee will again use cafeteria style in some field events. We take this action so that we do not have to reduce the number of entries from each school. Your cooperation and understanding is appreciated.

**HIGH JUMP:** Using the cafeteria method all jumpers must complete their three trials at the opening height within a certain time limit. That time limit will be announced to the jumpers at their meeting with the event judge. Athletes will not be allowed to jump at the opening height after that time has expired. After that time, regular procedure will begin. There will be no additional warm up time. If a jumper desires to pass the opening height, they must tell the event judge BEFORE the event begins. Once a jumper begins jumping at the opening height they cannot pass any remaining jumps at that height.

**SHOT PUT, DISCUS, LONG JUMP, TRIPLE JUMP:** The first two flights of eight will throw and jump in the normal manner. After these two flights are completed, the cafeteria method will be utilized for the remaining competitors. The event judge will inform these competitors of the time preliminary trials must be completed. If a competitor does not have their three trials in by that time, they will not be allowed to take them. Warm ups are to be completed before the event begins. There will be NO warm-ups between the first two flights or before the cafeteria method begins.

Before the cafeteria method begins two markers will be placed at the side of the landing area. One will mark the required distance to be eligible for the finals and the other will be the state MINIMUM qualifying standard in that event. **THROWS OR JUMPS THAT DO NOT REACH MINIMUM QUALIFYING STANDARDS WILL NOT BE MEASURED.**

**POLE VAULT:** No change to normal procedures.

If an athlete is competing in more than one event, it is very important that they inform the event judge of this. When it is their turn in the cafeteria they will be asked to take at least two trials in succession. Otherwise they may have difficulty accomplishing all three trials in the time allowed. Athletes NOT in more than one event cannot take jumps in succession during the cafeteria.

**Shot Put** Minimum Standard 46'5". We will not measure any put under 46'5".  
47'1" (AA provisional standard)

**Discus** Minimum Standard 136'9". We will not measure any throw under 136'.  
137' (AA provisional standard)

**Pole Vault** Minimum Standard 11'3". Event will start at 11'6".  
(State Standards: "B" – 11'3", "A" – 11'3", "AA" – 13'0")  
12'3" (AA provisional standard)

**Start** 11'6" 12'0" 12'6" 13'0" 13'6" 14'0" 6" to winner

**High Jump** Minimum Standard 5'9". Start at 5'11".  
(State Standards: "B" – 5'11", "A" – 6'1", AA – 6'1")  
5'9" (AA provisional standard)

**Start** 5'11" 6'1" 6'3" 6'5" 6'7" 6'9" 2" to winner

**Triple Jump** Minimum Standard 40'1". We will not measure any jump under 40'0".  
40'1" (AA provisional standard)

**Long Jump** Minimum Standard 19'8". We will not measure any jump under 19'8".  
19'8" (AA provisional standard)

The head Field Judge, Event Judge, and the Referee will make the decision if a change is necessary because of inclement weather or number of entries.