



86th Annual Dakota Relays 2010 Schedule

Friday Afternoon & Evening

Field Events

12:30	U-C Women Hammer Throw
1:00	U-C Women Pole Vault
2:00	U-C Men Hammer Throw
4:00	U-C Women Shot Put
4:00	U-C Women Triple Jump (Pit 1)
4:00	H.S. Girls Pole Vault
4:00	H. S. Boys Long Jump (Pit 2)
4:00	H.S. Girls High Jump
4:00	U-C Men Discus
5:30	U-C Women Javelin
6:00	U-C Men Triple Jump (Pit 1)
6:00	H.S. Girls Shot Put
6:30	U-C Men Javelin

Running Events

1:00	Race Walk
3:00	H.S. Boys 110 Meter Hurdles – Prelims – 8 heats
3:15	H.S. Girls 100 Meter Hurdles – Prelims – 8 heats
3:30	U-C Women 4 x 100 Meter Relay
3:35	U-C Men 4 x 100 Meter Relay
3:40	H.S. Boys 100 Meter Dash – Prelims – 8 heats
3:50	H.S. Girls 100 Meter Dash – Prelims – 8 heats
4:00	8th Grade Girls 4 x 100 Meter Relay
4:05	8th Grade Boys 4 x 100 Meter Relay
4:10	H.S. Girls Class B 4 x 800 Meter Relay – 2 heats
4:35	H.S. Girls Class A 4 x 800 Meter Relay – 2 heats
5:00	H.S. Girls Class AA 4 x 800 Meter Relay – 2 heats
5:25	U-C Women 400 Meter Dash – 2 heats
5:30	U-C Women Feature 400 Meter Dash – 1 heat
5:35	U-C Men 400 Meter Dash – 2 heats
5:40	U-C Men Feature 400 Meter Dash – 1 heat
5:45	H.S. Boys 110 Meter Hurdles – Semis – 2 heats
5:50	H.S. Girls 100 Meter Hurdles – Semis – 2 heats
5:55	H.S. Boys 100 Meter Dash – Semis – 2 heats
6:00	H.S. Girls 100 Meter Dash – Semis – 2 heats
6:05	H.S. Boys Class B 4 x 800 Meter Relay – 2 heats
6:30	H.S. Boys Class A 4 x 800 Meter Relay – 2 heats
6:55	H.S. Boys Class AA 4 x 800 Meter Relay – 2 heats
7:20	U-C Men 3000 Meter Steeplechase
7:40	U-C Women 3000 Meter Steeplechase
8:00	H.S. Girls Special Event – 800 Meter Run
8:10	U-C Women 200 Meter Dash – 3 heats
8:20	U-C Men 200 Meter Dash – 3 heats
8:30	H.S. Boys Special Event – 200 Meter Dash
8:40	U-C Women 800 Meter Run – 2 heats
8:50	U-C Men 800 Meter Run – 2 heats
9:00	U-C Women 3000 Meter Run
9:15	U-C Men 5000 Meter Run

Saturday Morning & Afternoon

Field Events

8:00	H.S. Girls Long Jump (Pit 2)
8:00	H.S. Boys High Jump
8:00	U-C Women Discus
8:00	U-C Women Long Jump (Pit 1)
8:30	H.S. Boys Shot Put
8:30	H.S. Boys Pole Vault
9:30	H.S. Girls Discus
10:00	U-C Men Long Jump (Pit 1)
11:30	U-C Men Shot Put
Noon	U-C Women High Jump
Noon	H.S. Boys Triple Jump (Pit 1)
1:00	H.S. Boys Discus
1:00	H.S. Girls Triple Jump (Pit 2)
1:30	U-C Men Pole Vault
2:00	U-C Men High Jump

Tentative Schedule – if possible we will run ahead of schedule.

Running Events

8:00	H.S. Boys 3200 Meter Run – 2 heats
8:30	H.S. Girls Class B Sprint Medley – 3 heats – 2 turn stagger
8:50	H.S. Girls Class A Sprint Medley – 3 heats – 2 turn stagger
9:10	H.S. Girls Class AA Sprint Medley – 3 heats – 2 turn stagger
9:30	U-C Men 110 Meter Hurdles – Prelims
9:40	U-C Women 100 Meter Hurdles – Prelims
9:50	U-C Men 100 Meter Dash – Prelims
9:55	U-C Women 100 Meter Dash – Prelims
10:00	H.S. Girls 3200 Meter Run – 2 heats
10:30	H.S. Boys Class B Sprint Medley Relay – 3 heats – 2 turn stagger
10:50	H.S. Boys Class A Sprint Medley Relay – 3 heats – 2 turn stagger
11:10	H.S. Boys Class AA Sprint Medley Relay – 3 heats – 2 turn stagger
11:30	H.S. Girls Class B 4 x 200 Meter Relay
11:45	H.S. Girls Class A 4 x 200 Meter Relay
Noon	H.S. Girls Class AA 4 x 200 Meter Relay
12:10	U-C Women Sprint Medley – 2 turn stagger
12:20	U-C Men Sprint Medley – 2 turn stagger
12:30	U-C Women 1500 Meter Run – 2 heats
12:40	U-C Men 1500 Meter Run – 2 heats
12:50	Hall of Fame Recognition/Scholarship Awards
1:00	Honorary Referee Recognition
1:10	U-C Men 110 Meter Hurdles – Finals
1:15	U-C Women 100 Meter Hurdles – Finals
1:20	U-C Men 100 Meter Dash – Finals
1:25	U-C Women 100 Meter Dash – Finals
1:30	H.S. Boys Class B 4 x 200 Meter Relay
1:45	H.S. Boys Class A 4 x 200 Meter Relay
2:00	H.S. Boys Class AA 4 x 200 Meter Relay
2:10	H.S. Girls Class B 4 x 100 Meter Relay
2:20	H.S. Girls Class A 4 x 100 Meter Relay
2:30	H.S. Girls Class AA 4 x 100 Meter Relay
2:40	U-C Men 400 Meter Hurdles – Finals
2:50	U-C Women 400 Meter Hurdles – Finals
3:00	H.S. Girls 300 Meter Hurdles – Finals – 8 heats
3:20	H.S. Boys 300 Meter Hurdles – Finals – 8 heats
3:40	U-C Women 4 x 400 Meter Relay
3:50	U-C Men 4 x 400 Meter Relay

Saturday Evening

No Field Events

Running Events

5:45	H.S. Boys 1600 Meter Run – 2 heats
6:00	H.S. Girls 1600 Meter Run – 2 heats
6:20	H.S. Boys 110 Meter Hurdles – Finals
6:25	H.S. Girls 100 Meter Hurdles – Finals
6:30	Special Olympics Boys 100 Meter Dash – Finals
6:35	Special Olympics Girls 100 Meter Dash – Finals
6:40	H.S. Boys 100 Meter Dash – Finals
6:45	H.S. Girls 100 Meter Dash – Finals
6:55	H.S. Boys Feature 1600 Meter Run – 1 heat
7:05	H.S. Girls Feature 1600 Meter Run – 1 heat
7:15	H.S. Boys Class B 4 x 100 Meter Relay
7:25	H.S. Boys Class A 4 x 100 Meter Relay
7:35	H.S. Boys Class AA 4 x 100 Meter Relay
7:45	H.S. Girls Class B 4 x 400 Meter Relay – 3 heats
8:00	H.S. Girls Class A 4 x 400 Meter Relay – 3 heats
8:15	H.S. Girls Class AA 4 x 400 Meter Relay – 3 heats
8:30	H.S. Boys Class B 4 x 400 Meter Relay – 3 heats
8:45	H.S. Boys Class A 4 x 400 Meter Relay – 3 heats
9:00	H.S. Boys Class AA 4 x 400 Meter Relay – 3 heats